



Afsheen has a background of working in and with multinational organizations such as KPMG, Mondelez International and Abbott Laboratories as an HR leader for 20+ years.

Afsheen is the Co-Leader of the International Coach Federation's (ICF) Leadership and Executive Coaching Community of Practice, an 8,000+ global member community of Coaches, HR practitioners, Business Leaders and Academics. In this role she drives thought leadership worldwide for the ICF on the topic of Executive and Leadership Coaching. She has also been a past Board Member ICF Switzerland and ICF United Arab Emirates Board.

She has lived and worked in 8 countries across 3 continents in the last 20 years. She has consulted, coached and trained clients around the world from the following organizations: Kraft Foods, Mondelez International, Abbott Laboratories, Johnson&Johnson, AstraZeneca, GE, Migros, Takeda, Diageo amongst others. She is also leadership training faculty at Cranfield University in the UK. A passionate researcher of Authentic Inclusive Leadership behaviors, Afsheen is a committed advocate for Diversity and Inclusion in the workplace.

Afsheen received an M.B.A. from Baylor University, Texas. She received her coaches training from the Coaches Training Institute. She is also a certified HBDI, MBTI and VOICES 360 practitioner as well as trained in the use of PROSCI Change Management tools. Afsheen is accredited by the International Coaching Federation as a Professional Certified Coach (PCC).

Afsheen is currently based in Switzerland with her husband and son.